

## South Neighbourhood Newsletter

November 2025





## This month: Remembrance

A huge thank you to everyone across Farnworth and Kearsley who has supported our Remembrance commemorations this month, whether that be:

Poppy appeals

Remembrance Sunday preparations and services

Armistice Day preparations and services

It has been incredibly heartwarming to see some many people coming together- the support, generosity and tributes have been

amazing!

A real testament to the strength of our communities!

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At the going down of the sun and in the morning we will remember them



This month: Neighbourhood Action Days

This month, communities came together for a number of neighbourhood 'Action Days'- showing what community spirit in Farnworth is all about!

Residents were joined by local Counsellors, Bolton at Home, Bolton Council and volunteers from Bolton Borough Litter Pickers, to help this big neighbourhood clear-up.

- Residents were able to fill skips with waste/ junk from their front gardens.
- Bolton at Home have reached out to properties which remain in an untidy state, requesting action be taken- a return inspection and potential enforcement will follow.
- Litter, slippery leaves and fly tipping was collected, and contaminated household bins were removed.
- Other agencies/partners advised residents of local services and support.

#### A huge thank you to everyone involved!

And a special mentioned to Steve at New Bury Chippy for providing all volunteers with a voucher for a chippy lunch - a fantastic gesture of generosity and community spirit!



# This month: Farnworth Community Alliance

Thank you to everyone who attended the 'Farnworth Community Alliance' at New Bury Community Learning Centre on 23<sup>rd</sup> October.







It was a great meeting of local residents, community leads, agencies and partners.

Discussions focused on championing free activities for all ages across Farnworth, engaging young people, and the better sharing of everything positive currently happening across Farnworth, Highfield, New Bury, Moses Gate and Dixon Green (including community, health, social welfare, housing, youth and play, public services, etc).

The Community Alliance is an informal network of local residents, voluntary groups and businesses, who come together to link-up and to help improve the place where they live and work.

If you'd like to come to the next meeting, have your say and get involved, please email: paula.garstang@bolton.gov.uk or paul.haunch@bolton.gov.uk (Farnworth Area Co-Ordinators).

For more information, please visit: <a href="https://www.bolton.gov.uk/area-working-1/community-alliances">https://www.bolton.gov.uk/area-working-1/community-alliances</a>

### This Month: NHS Vaccination Van

## The NHS Vaccination Van is coming to Bolton!

Protect yourself and your loved ones this winter. No appointment needed!

Where to find us:

Matalan, Tonge Moor Road III Friday 21 Nov, 9am–3pm



Flu jab: For those aged 65+, pregnant, or with a weakened immune system

COVID-19 jab: For those aged 75+ or with a weakened immune system

Blood pressure checks: For anyone 40+ not currently on blood pressure medication

Check if you're eligible:

Flu vaccine eligibility: <a href="https://bit.ly/47PzzVN">https://bit.ly/47PzzVN</a>

COVID-19 vaccine eligibility: <a href="https://bit.ly/4hSYQTI">https://bit.ly/4hSYQTI</a>

Let's keep Bolton healthy this winter 💙









## This Month: Self-Care Week (17th- 23rd Nov)





Self Care Week is a national event that happens every year in November.

This year's theme is 'Mind and Body' and it's the perfect time to think about how we live our lives and how we can make some small changes that will improve our health and wellbeing, and our families too.

Winter can be tough on our health – it can worsen existing conditions, increase the risk of falls, and make us more vulnerable to respiratory illnesses. Staying active, keeping check of regular medication and knowing how to treat common illnesses yourself can help to prevent health and wellbeing issues getting to the point of needing medical assistance, which hugely helps the NHS when it is under pressure during the winter months.

Here are our tips on how to 'Stay Well This Winter'

- Stay up to date with vaccinations
- Stay on top of prescriptions- and reach out to your local Pharmacist for advice on common illnesses
- Keep yourself and your home warm- and make sure any heating/ cooking appliances are working safely
- Stay hydrated
- Check your home for safety hazards (e.g. fire risks)
- 🔽 Prioritise your mental wellbeing
- Keep active

Winter can be particularly hard for older neighbours, friends, and family members as they may need extra help. Keep in touch with them, especially if they live alone. Let's support each other and #StayWellThisWinter!



You can find information and tips on keeping well at:

https://www.selfcareforum.org

https://letskeepboltonmoving.co.uk

## This month: Healthy Choices Campaign



This month saw the launch of the NHS Health Choices Campaign!

If you're ready to improve your overall health and wellbeing, but not sure where to startthe free NHS Healthy Choices Quiz is here to help – and it only takes 5 minutes!

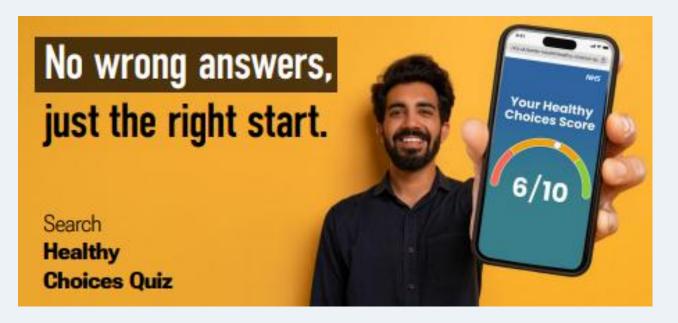
You can answer questions about your lifestyle to receive an overall score as well as personalised guidance to help you live a healthier life.

To take the quiz now, please visit: <a href="https://www.nhs.uk/hcquiz">https://www.nhs.uk/hcquiz</a>

To find out more about the local support available, please visit:

https://letskeepboltonmoving.co.uk

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## This month: Progress to reduce smoking

According to data released earlier this month, Bolton has achieved its lowest recorded smoking prevalence to date at 11.5%, bringing us closer to the England average than ever before (10.4%).

Smoking Profile - Data | Fingertips | Department of Health and Social Care

Given that smoking is the single most important entirely preventable cause of ill health, disability and death in England- this is a fantastic milestone which reflects the hard work and commitment across our borough and something we should all be proud of!

Thank you to everyone whose support and commitment has helped to make this happen!

To learn more about the range of free services and support available to help people quit smoking and lead healthier lives – please visit: <a href="https://www.letskeepboltonmoving.co.uk/smoking">www.letskeepboltonmoving.co.uk/smoking</a>

To read The Bolton News article, please visit: <u>Adult smoking in Bolton at lowest ever recorded level | The Bolton News</u>







### This Month: Movember •



Movember takes place every year to raise awareness and funds to support men's health throughout November and beyond- from mental health and suicide prevention, to prostate and testicular cancer!





Too many men are dying before their time- for reasons that are largely preventable! Men's Health Awareness month encourages us to support prevention, prioritise early detection and promote open conversations

Here are five things' men can do to live happier, healthier and longer lives:

- Spend time with people who make you feel good- stay connected
- Talk more
- Know your numbers and your risk- at 50 (or earlier if you're from African/ Caribbean descent or have a family history), talk to your doctor about whether it would be helpful to have a PSA test
- Know your nuts- know what is normal for you, and speak to your doctor if something doesn't feel right
- Move more- do what makes you feel good

For more information about Movember, to donate or support the campaign, please visit: https://uk.movember.com/



Throughout November, Nuffield Trust are offering their members the opportunity to bring a friend to workout with them for freejust mention 'men's health awareness month!'

## Coming up: GM Police Surgery

Please join us for the next Police Surgery



Details of police surgeries, can be found on Bee in the Loop and on our website:

Bee in the Loop: <a href="https://orlo.uk/qCDeT">https://orlo.uk/qCDeT</a>

GMP website: <a href="https://www.gmp.police.uk/">https://www.gmp.police.uk/</a>





## **POLICE SURGERIES**

Meet your local officers alongside partner agencies and raise concerns about key issues within the community.

The next surgery will be held on:

Monday 8<sup>th</sup> December 2025

Located at:

New Bury UCAN Centre, George Street

Time:

11:00AM - 12:00PM

To help us identify the issues in your area please get in touch with your Neighbourhood Policing Team and tell us what matters to you.



Sign up to receive free community alerts www.BeeintheLoop.co.uk

For non-emergency calls or to report a crime call: 101 or use Live Chat at gmp.police.uk
Use 999 only in emergencies where there is a threat to life or crime in progress



For more information visit: gmp.police.uk

## Coming up:



### SUPERMARKET FOOD DRIVE

Could you spare a hour or two to support your local foodbank to give shopping lists to customers and collect donated food items.

Drop us an email at info@farnworthkearsley.foodbank.org.uk or call 01204 861671 to book your slot.

TESCO



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The cantata contains beautiful choral songs, solos, duets and timeless bible readings

SAT, 29 NOVEMBER | START AT 7.30PM

Farnworth Cricket, Lavender Road, Bolton, BL4 0EA.

Tickets: £7

Contact: 01204 861671

Book via QR code





FUNDRAISING



## Coming up: Winter Wonder

Winter Wonder Farnworth is nearly HERE!

Saturday 6th December 2025 | 12pm – 8pm Outside Home Bargains, Market Street









- Fireworks to finish the night with a bang

This is more than just an event- this is Farnworth coming together like never before!







## Coming up:



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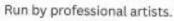
## **Spotlight** on: Local **Groups**



## **Creative Textiles** with **Densal Global**



#### New textiles and craft class



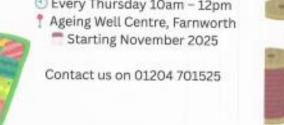
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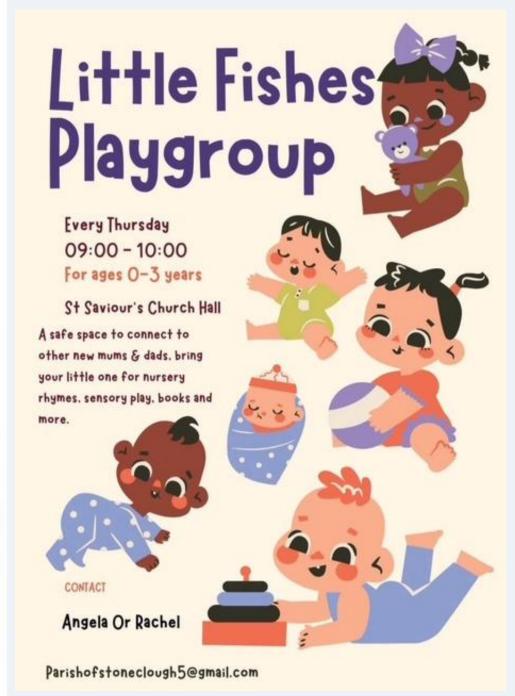
Macramé · Crochet · Knitting · Weaving · Rag-rug Making · Batik · Quilting · Appliqué

Skills will be taught, so no previous experience necessary.

All equipment provided. £4 per week

- Work towards creating your own project!
  - Every Thursday 10am 12pm





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## **Spotlight on: Transforming Lives Group**



We transform lives by creating a safe and welcoming space where individuals can connect and share issues.

We help people who may be struggling with mental health issues, substance/ alcohol abuse- or any day-to-day problems.

Our activities bring people together for conversation, encouragement, and a sense of belonging (further details on the next slide)

Like a family, we stand by each other — offering guidance, understanding, and a helping hand whenever needed. You're never alone with Transforming Lives!



For more information, please visit: <a href="https://transforminglivesgroup.org">https://transforminglivesgroup.org</a>
To contact the team, please email: <a href="mailto:Transforminglivesgroup@gmail.com">Transforminglivesgroup@gmail.com</a>



## **Spotlight on: Transforming Lives Group Activities**

#### PHYSICAL ACTIVITY & WELLBEING:

Physical activity is a proven way to improve mental health, reduce stress, and build resilience. It boosts mood and motivation while helping to combat anxiety and depression.

#### MEET AND EAT:

Our **Meet and Eat** isn't just about food — although the food is pretty amazing — it's about being in a friendly environment of support, and meaningful connections, so we can move lives forward, together.

#### MONDAY

#### Boxing:

12pm-1pm @ Elite Boxing Gym, Wordsworth Mill, Wordsworth St, Halliwell, Bolton, BL1 3ND

#### Men's Health and Wellbeing Support Group:

6.30pm-8pm (every other week) @ Highfield Hall Community Centre, Marsh Lane, Farnworth, Bolton, BL4 0AW

#### TUESDAY

#### Open Age Football and Walking Football:

10am-11am @ Burnden Park Sports Facility, Croft Lane, Burnden, Bolton, BL3 2RS

#### Meet and Eat:

6pm-8pm, on the last Tuesday of every month @ New Bury UCAN Centre, 53 George St, Farnworth, Bolton, BL4 9PU

#### WEDNESDAY

#### Gym Session:

11am-12pm @ Warrior Gym, Brownlow Business Park, Halliwell, Bolton, BL1 3HW

#### THURSDAY

#### Open Age Football and Walking Football:

10am-11am @ Burnden Park Sports Facility, Croft Lane, Burnden, Bolton BL3 2RS

#### Drop-in (social activities and advice services):

11am @ Burnden Park Sports Complex, Croft Lane Bolton

#### FRIDAY

#### Open Age Football and Walking Football:

10am-11am @ Burnden Park Sports Facility, Croft Lane, Burnden, Bolton BL3 2RS

#### Boxing:

7pm @ Elite Boxing Gym, Wordsworth Mill, Wordsworth St, Halliwell, Bolton, BL1 3ND

#### WEEKENDS

Various activities such as cycling, walking, fishing, outdoor swimming.

## Spotlight on: Reach

The Reach Family Project was founded in 2013, providing early intervention family support to children & families in need. The Reach Befriending service launched in 2020, providing support for the elderly and isolated.



Ro

The 3 main services the team provide are:

- Weekly Home Support working with all family members to an agreed Action Plan
- Group Parenting Courses held across communities. These can also be as 1:1 sessions it needed
- Weekly Drop In available to all parents/carers to access friendship, support and guidance.

In addition, the team do an annual Christmas Gift Appeal (further details on the next slide) and provide half term lunches twice a year.

Our vision is that no one will feel excluded from society, lonely or forgotten, but instead know that they are valued. We carry out this vision by aiming to improve the quality of life of children, families, and those who are elderly and isolated. We always go the extra mile to show love and care for our communities!

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To contact Reach Family Project, please email: <a href="mailto:hello@reachfamilyproject.co.uk">hello@reachfamilyproject.co.uk</a>

call: 01204 934075

Or follow 'reachfamilyprojectbolton' on Facebook

## Spotlight on: Reach

Christmas Gift Appeal launched earlier this month, in partnership with Kings Church Bolton & BCG Breightmet Community Group

Gifts can be dropped at the drop off points listed below, or you can donate through this link •• • https://lovegiving.co.uk/ReachFamilyProject/gift-appeal

A very special mention to this year's sponsors Change Glazing and Locks Limited & Eagley School House Nurseries

\*If you own a business and would like to be a drop off point or arrange a collection of gifts amongst your staff- the team would love to hear from you

BL1

→ GG Boutique Fashion

**Theatre Dance Studios** 

Nails by G

Kandy Krush (Bolton Market)

★ Shaws Funeralcare

Relphs Funeral Care

₩ Bolton Co-op Funeralcare (Crompton Way)

BL<sub>2</sub>

Kings Church Bolton

▲ The Mill Coffee House

W Black Horse, Tonge Fold

Morrisons Harwood

Bradshaw Conservative Club

Compare the second s

& G&J Borek Carpets

Millercare

Hardman & McManus Co-op Funeralcare



BL3

Paul Davies Kitchens & Appliances

BL4/M26

PR World Travel 0161 725 9113

The Horseshoe-Ringley

🔄 Farnworth Co-op Funeralcare

BL<sub>6</sub>

Beeleys Bar

BL7

Eagley School Nurseries

Bakers

## **Spotlight on: Illegal Money Lending**

Christmas can be a stressful time financially! Loan sharks prey on those in need, leading to mounting debt and relentless pressure. If you're struggling, reach out to local support services or look for a safer way to borrow. Let's keep this festive season safe and loan shark-free!

If you think you, or someone you know, is involved with a loan shark contact @SLS today: WhatsApp: 07700 102773 (9am – 5pm, Mon – Fri); Call 0300 555 2222 or

visit: www.stoploansharks.co.uk







## CONCERNED ABOUT A LOVED ONE THIS CHRISTMAS?

If you suspect they have borrowed from a loan shark, asking some supportive questions can help them open up.

"Is the person who lent you money making you feel unsafe?"

"Are you feeling any pressure to pay back more than you expected?"

"Have there been any surprise fees or changes to what you owe?"

Get help now by calling Stop Loan Sharks 0300 555 2222

> STOPLOANSHARKS Intervention . Support , Education

## **Spotlight on: Farnworth North Ward**



## \_

#### Our people

14,800 people live in the ward1

#### Resident age1:

- 26% are aged 0-15
- 28% are aged 25-44
- 7% are aged 65-74
- 6% are aged 75+

#### Resident ethnicity2:

- 30% from Asian backgrounds
- 4% from Black backgrounds
- 62% from White backgrounds

#### Household makeup<sup>2</sup>:

- 27% are single person households
- 38% have dependent children

#### Housing type3:

- 58% of households own their home
  - o 33% own their semi-detached
- 21% live in a social rented home
  - 9% live in a socially rented semi
  - o 6% live in a socially rented flat
- 21% live in a private rented home
  - 10% a private rented terrace

#### Our place

Land use within the ward 4



- o 14% highways and road transport
- 12% community buildings
- 55% undeveloped land
  - o 15% forest, open land and water
  - 15% outdoor recreation
  - o 18% residential gardens



#### 2 retail centres in or near the ward5:

- Farnworth £19 million
- Great Lever £1 million



0% of ward residents live in an area with a nationally high risk of transport related social exclusion<sup>6</sup>



#### 10 listed buildings7 - all grade II listed

- Horrockses Mill
- Town Hall
- The Brooklyn
- ...

#### Our health

81% say their health is good/very good2

Health behaviours among adults:



- 32% are physically inactive<sup>8,9</sup>
   Less than 30 mins brisk walk a week
- 18% smoke<sup>10</sup>
- 6% drink alcohol at high/very high levels<sup>10</sup>



**43%** of young people in **Year 6** (age 10-11) are **above a healthy weight**<sup>12</sup>

Long term conditions10:



- 20% experience depression
- 1% experience severe mental illness
- 7% experience asthma



**Life expectancy** at birth gives an overview of population health<sup>11</sup>

- Male 78: 1 year below England
- Female 81: 2 years below England



15 road traffic collisions with 1+ person killed or seriously injured 2022-2412

6% of Bolton's total



For information about other wards, please visit:

www.boltonjsna.org.uk/downloads/download/46/ward-overviews





If you would like to showcase your work or service in the next newsletter, please send the details to:

Kathryn.brignall@boltonft.nhs.uk

If you know of anyone who would like to be included in the distribution list, please also let Kath know ©

#### [4] DLUHC (2022). Land use in England. gov.uk Thank you for your continued support! [5] CACI (2025). Insite Everywhere. Spend potential for retail centre with

England. Output Area best fit [13]. TRSE in England Visualiser [7] Historic England (2025). National Heritage List for England. Historic England open data

centroid in or within 500m of the ward boundary. Excl grocery & convenience. [6] Transport for the North (2024). Transport related social exclusion in

[8] Sport England (nd), small area estimates 2022-23, LSOA best fit [14]. Sport England. Using mid 2022 age 16+ LSOA population

[9] ONS (2024). Lower layer Super Output Area population estimates: Mid.

[10] GM ICB. Long term conditions dashboard. LSOA best fit [14]. Drinking 7+ units/day. Long Term Conditions with Significance

[11] OHID (2025). Local health. MSOA best fit [15]. Fingertips DHSC

[12] Department for Transport (2025). Road safety data: collisions. gov.uk

[13] ONS (2024). Output Area (2021) to Ward (2024) to LAD (May 2024) Best Fit Lookup in EW. Open Geography Portal

[14] ONS (2025). LSOA (2021) to Electoral Ward (2024) to LAD (2024) Best Fit Lookup in EW. Open Geography Portal

[15] ONS (2024). MSOA (2021) to Ward (2024) to LAD (2024) Best Fit Lookup in EW. Open Geography Portal

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