

Neighbourhood Bulletin

International Day of Older People



International Day of Older People

Celebrating Age-Friendly Communities in Bolton

Thursday 1st October 2026 | 1pm - 4pm | Bolton Central Library

Come along and celebrate ageing well in Bolton. Enjoy a relaxed community day with music, activities and local groups. Find out what's happening right on your doorstep.

- Music and entertainment
- Activities to join in with
- Meet local community groups
- Find out what's happening across Bolton
- Information and support if you need it
- Sit down, have a chat and enjoy the day

Free to attend. Everyone welcome. Just drop in.

Bolton Council

Let's Keep Bolton Moving >>>

The Culture Café



THE CULTURE CAFE

FREE 5 Week Course

GREET, MEET AND EAT

Starts: 1st October 26
Time: 11am - 1pm

Silverwell House, Silverwell Lane, BL1 1QN

For more info contact: livingroom@pointbolton.org.uk

Logos: POINT, GMCA, Greater Manchester Combined Authority, UK Government

Month of Hope Community Walks



MONTH OF HOPE

BOLTON MONTH OF HOPE 2026

Walking Together • Talking Together • Supporting Hope Across Bolton

Join us throughout September and October for a programme of walks, activities and community events promoting wellbeing, connection and suicide prevention awareness.

COMMUNITY RAIL TRAIL WALK

Thursday 1 October 2026 | 1:00pm

Meet at Bolton Railway Station near the Clock Tower

Route: Bolton Station → Hall-i'-th'-Wood Station

Distance: 4 miles

Duration: 2.5 hours

FREE train journey back to Bolton station

selcrp@phonecoop.coop

SHINING A LIGHT ON SUICIDE

Seniocrise Men's Session



SENIORCISE | **THE SUNNYSIDE CLUB**

ARE YOU A MAN AGED 50+ WHO LIVES ALONE?

We'd like to hear from you!

We're bringing together a small group of local men to share their views and experiences and help shape future **home fire-safety messages** for men aged 50+ who live alone.

- Relaxed group discussion
- Have your say
- Around 60-75 minutes
- Light refreshments and snacks provided

Thursday 1st October | 1:00 PM | Slaterfield Community Centre, Carrington Drive, Bolton, BL3 6YE

Small changes make a big difference

Let's work together to help **prevent accidental fires** in the home.

Unattended appliances can be a risk | A moment's distraction can lead to a fire | Check plugs and sockets

LIMITED PLACES — REGISTRATION REQUIRED

Register your interest: info@seniocrise.org

Together for a safer, happier tomorrow



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Join us throughout September and October for a programme of walks, activities and community events promoting wellbeing, connection and suicide prevention awareness.

THE WELL WALK - FARNWORTH

Wednesday 7 October 2026

12:00pm to 1:00pm

Trafford Street, Farnworth, BL4 7PQ

30-minute low-intensity walk

Free tea and coffee after the walk

Dilni@farnworthbaptist.org.uk

SHINING A LIGHT ON SUICIDE

Family Hub Lego Building Sessions



Bolton Family Hubs
FARNWORTH FAMILY HUB

Bolton's Fund
Investing in our communities

LEGO® SET BUILDING
FOR FAMILIES (AGES 6+)
SATURDAYS 2PM - 3:45PM
12TH SEPTEMBER, 3RD OCTOBER, 24TH OCTOBER,
14TH NOVEMBER, 5TH DECEMBER...
KING STREET, BOLTON, BL4 7AP
WE BRING THE SETS, YOU BRING YOURSELF

FREE sessions,
please book here:
www.nwbrickcommunity.org.uk
hello@nwbrickcommunity.org.uk
Tel. 07933 704539

QR CODE

NW BRICK COMMUNITY
Building - Relax - Connect

Local History Fair



HLHS
HALLIWELL LOCAL HISTORY SOCIETY
(Incorporating Smithills)
WOULD LIKE TO INVITE YOU TO OUR:

LOCAL HISTORY FAIR
on
SATURDAY 3RD OCTOBER 2026: 11am to 4pm

ADMISSION FREE
AT: - ST PETERS CHURCH, CHURCH ROAD, BOLTON

MANY LOCAL SOCIETIES WILL ALSO BE THERE:
Horwich, Turton, Westhoughton, Family History,
Friends of Smithill's Hall, Woodland Trust, Philatelists

DISPLAYS OF: - OLD PHOTOGRAPHS: NEWSPAPER CUTTINGS
AND ARTIFACTS
TOGETHER WITH SLIDE SHOWS AND
STALLS SELLING SECONDHAND BOOKS/MAPS/PHOTOGRAPHS

REFRESHMENTS WILL BE AVAILABLE

THERE IS PARKING ON CHURCH ROAD
Beeline bus 501: Stand 'Q' from Bolton Interchange and Johnson Fold

Yound Writers Group



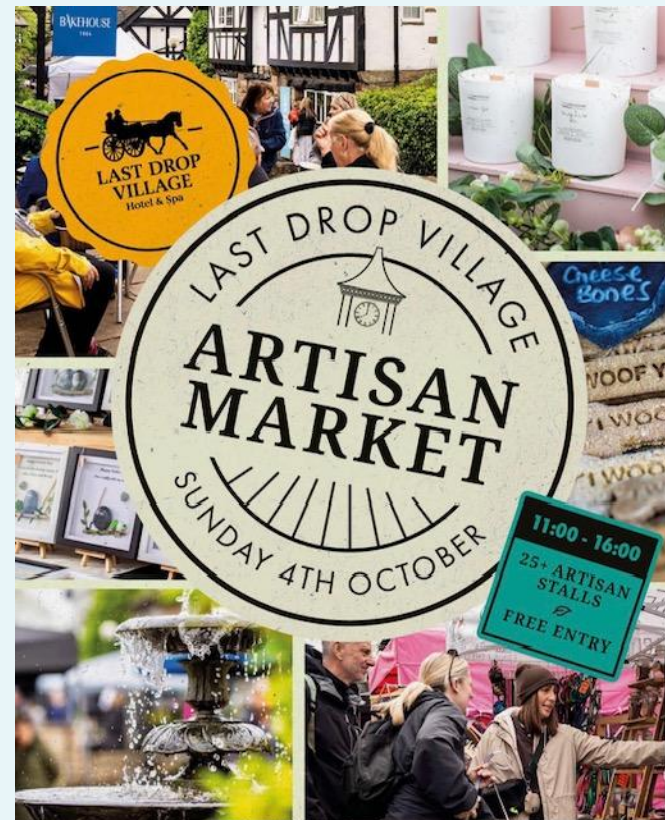
Bolton Library and Museum Services

Young Creative Writers
Bromley Cross Library
First Saturday of the month
10.30am - 11.30am
Starting 3rd October

Love creative writing?
Want to share ideas & meet like minded others?
Come along to a new creative writing group especially aimed at young adults, 18-30 years olds.

For more information contact
Bromley.Cross.Library@bolton.gov.uk
All welcome

Last Drop Artisan Market



LAST DROP VILLAGE
Hotel & Spa

LAST DROP VILLAGE ARTISAN MARKET
SUNDAY 4TH OCTOBER

11:00 - 16:00
25+ ARTISAN STALLS
FREE ENTRY

Home Education Social Meet Up



HOME EDUCATION Social Meet Up

FOR PARENTS AND YOUNG PEOPLE AGED 12-17

FREE WITH REFRESHMENTS INCLUDED!

TUESDAY 6TH OCTOBER
10:30 – 12:30

NEW BURY COMMUNITY CENTRE
BUCKLEY LANE, BL4 9PR

A place for parents to meet and young people to get to know others in the same age groups.

Meet Chat Connect Belong

Friendship
Community
Support
Opportunities

MEET OTHER FAMILIES
MAKE NEW FRIENDS
SHARE IDEAS & EXPERIENCES
SUPPORT EACH OTHER

ALL HOME EDUCATING FAMILIES WELCOME

Stronger Together

Different Paths Bright Futures

Month of Hope Closing Event



MONTH OF HOPE **BOLTON MONTH OF HOPE 2026**

Walking Together • Talking Together • Supporting Hope Across Bolton

Join us throughout September and October for a programme of walks, activities and community events promoting wellbeing, connection and suicide prevention awareness.

MONTH OF HOPE CLOSING EVENT
Friday 9th October.
10.00am – 2.00pm
Bolton Bus Interchange
Great Moor Street BL1 1NS

Meet local support organisations
Advice, guidance, and signposting.
Wellbeing Conversations hosted by
Manbassadors and Samaritans.

Edward.Kavanagh@bolton.gov.uk

SHINING A LIGHT ON **SUICIDE**

The Closing event for the Bolton Month of Hope is being hosted at Bolton Bus Interchange on Great Moor Street BL1 1NS on Friday 9th October between 10am – 2pm.

There will be local support organisations at the event giving advice, guidance and signposting opportunities.

Please also see the link below for sharing:
[13f35-Bolton-Month-of-Hope-Closing-Event-Friday-9th-October.jpg](https://www.bolton.gov.uk/media/13f35-Bolton-Month-of-Hope-Closing-Event-Friday-9th-October.jpg) (2362x2362)

Wellbeing Walks



Wellbeing WALKS

MOVE
CONNECT
BREATHE
FEEL GOOD

Join us for a stroll in the beautiful Rivington area followed by a brew and a chat at the visitor centre.

UPCOMING DATES

Wednesday 9th September 2026
Wednesday 23rd September 2026
Wednesday 7th October 2026

10:00 AM (BST)

VENUE
Rivington Visitors Centre

ABOUT THE WALK
Join us for a delightful walk around Rivington! We'll stick to low level areas, but please be aware that some pathways are uneven, so wear suitable footwear to ensure your comfort.

AFTER THE WALK
Refreshments will be served at the visitor centre. We look forward to seeing you there for a wonderful time focused on well-being and nature!

EVERYONE WELCOME
Let's walk together for wellbeing.

BOOK YOUR PLACE
via Eventbrite

Scan the QR code or visit:
eventbrite.co.uk

Carers Group



FREE CARERS GROUP

Come and join us from 11am to 1pm for our free carers group. It's a great opportunity to connect with other carers, share experiences, and access support in a friendly and welcoming environment.

CARERS SUPPORT WILL BE IN ATTENDANCE ON 13TH OCTOBER 11AM - 1PM

JULIE WRIGHT WILL BE IN ATTENDANCE ON 27TH OCTOBER 11AM - 1PM

DAISY HILL CRICKET CLUB COMMUNITY GARDEN, ST JAMES STREET, DAISY HILL

What to expect

- Meet other local carers and share experiences.
- Discover support and resources from Bolton Carers Support and Social Prescribers.
- Help us plan our Carers area of the Community Garden.
- Enjoy free drinks.

For more information email
julie.wright108@nhs.net

Bolton carers support
helping you... achieve too

BOLTON GP FEDERATION
Supporting and Inspiring Local Communities

DAISY HILL CRICKET CLUB

Health and Wellbeing Event

Health and Wellbeing Event



How much do you know about your prostate health?

Join us for a friendly and informal prostate awareness session, open to everyone.

Date: Monday, 12 October

Time: 10am to 11.30am

Topic: Prostate awareness

Location: Olympus Fish and Chip Restaurant (Garden Room), BL1 1SW

We'll talk about:

- Common signs and symptoms to look out for
- When it's important to speak to a GP
- Understanding prostate health
- Where to find help, advice and support
- The importance of talking openly about men's health

Got a question? Email andrea.hollman@nhs.net for more information.

Digital Champion Training

Become a Digital Champion and support people looking for work

Looking for your next volunteer opportunity?
Support people looking for work to overcome digital barriers.

Day 1: Digital Inclusion

- ✓ What is digital inclusion?
- ✓ Who is affected and why?
- ✓ Understanding digital barriers
- ✓ Supporting people to get online

Day 2: Work & Skills

- ✓ How ATS systems screen applications
- ✓ Best job sites and recruitment platforms
- ✓ Using AI for CVs and job applications
- ✓ Helping jobseekers succeed online



Next training dates:

1st & 2nd September
10am-2.30pm

OR

13th & 14th October
10am-2.30pm



Scan the QR code or visit the link to register an interest

<https://forms.office.com/e/UKUSpH7hMN>

The Wellsprings, Howell Croft S, BL1 1SB



Funded by
UK Government



Pulmonary Strength and Balance Course



Pulmonary Strength and Balance

12-week specialist Strength and Balance course

Each session includes:

- 1 hour of specialist exercise specifically designed for people living with a heart or pulmonary condition*
- 20 minutes of health and wellbeing discussion including blood pressure, healthy lifestyle, physical activity and stress management

Starts Monday 12 October 2026

Free
12-week course

*Please note this is a non-clinical programme which does not include physiotherapy or occupational therapy.

01204 382411
Booking essential. Please call us to book your place.



Bolton Employment Hub Session



Open to anyone in Bolton and completely free to attend!
Limited spaces available

Tuesday 20th October

10am - 12pm

John Holt - Birch Ave, Bolton BL5 2NR

Struggling with menopause or wanting to understand this stage of life better?

Join our Menopause Awareness Café at Bolton Employment Hub with Dr Beverley Matta. You'll hear from a specialist practitioner who will share insights into the physical, emotional and practical aspects of menopause. Whether you're going through it, supporting someone or expanding your knowledge, you're welcome. Let's break the stigma and empower women together. Explore wellbeing support.

Register now:
Scan the QR code
or
Email: GetBoltonWorking@bolton.gov.uk




Cooking Skills Session



COOKING SKILLS
LEARN COOK EAT GAIN SKILLS FOR THE FUTURE

FREE COOKING SESSION FOR YOUNG PEOPLE

AGED 16-18 AND NOT IN EDUCATION, EMPLOYMENT OR TRAINING (NEET) **OR** **UP TO 25** IF YOU ARE SEND OR CARE EXPERIENCED

YOU WILL:

- ✓ Learn basic cooking skills
- ✓ Build confidence in the kitchen
- ✓ Find out about healthy, low cost meals
- ✓ Have the opportunity to gain a Level 2 Food Hygiene qualification after the session

BRING SOMEONE WITH YOU!
You can bring a relative (aged 12+), parent or carer if you prefer.

MUST BE BOLTON BASED

SATURDAY 10TH OCTOBER 10:30AM - 12:30PM

NEW BURY COMMUNITY CENTRE
Buckley Lane, Farnworth, BL4 9PR

SCAN TO BOOK YOUR PLACE
<https://forms.gle/rm4yigE43p5Bj7ir7>

newburyboxing@gmail.com 07350913622

Bolton Council | **Connexions** Next Generation Bolton | **NEW BURY BOXING** | **GREAT LIVER & FARNWORTH VOICE**

Mayor's Question Time

Where: [The Victoria Hall, Bolton](#)

When: Thursday 8 October : 7 PM - 9 PM

Join Mayor's Question Time on Thursday 8 October, 7pm at The Victoria Hall, Bolton.

This is your opportunity to hear directly from the Mayor of Greater Manchester and ask questions on the issues that matter most to you and your community, including transport, housing, jobs, policing and culture. The event is open to everyone, and if you can't attend in person, you can watch via the livestream. Register and submit your question [here](#). We look forward to welcoming you!



Employment and Skills Support



Explore New Opportunities

Employment, skills and support for people aged 50+

Friday 16th October
10am - 1pm
Bolton Central Library and Museum, Le Mans Crescent, Bolton, BL1 1SE

Meet the support teams

Bolton Council | **Bolton Digital Employment Skills** | **Bolton employment hub** | **Bolton Library and Museum Services** | **Smoketree Bolton** | **Department for Work & Pensions** | **ageUK** Let's change how we age

Come along and discover support for looking for work, building skills and planning your next steps.

Astley Bridge and Sharples Community Alliance



Astley Bridge and Sharples Together

Meet local people - Share Ideas - Get Involved

Monday 19th October, 6pm-7:30pm
Astley Bridge Baptist Church, Eden St. BL1 6NL

Come along to:

- Find out about local groups and activities
- Learn about funding and support opportunities
- Share your ideas for Astley Bridge and Sharples

Special Guest: Bolton CVS

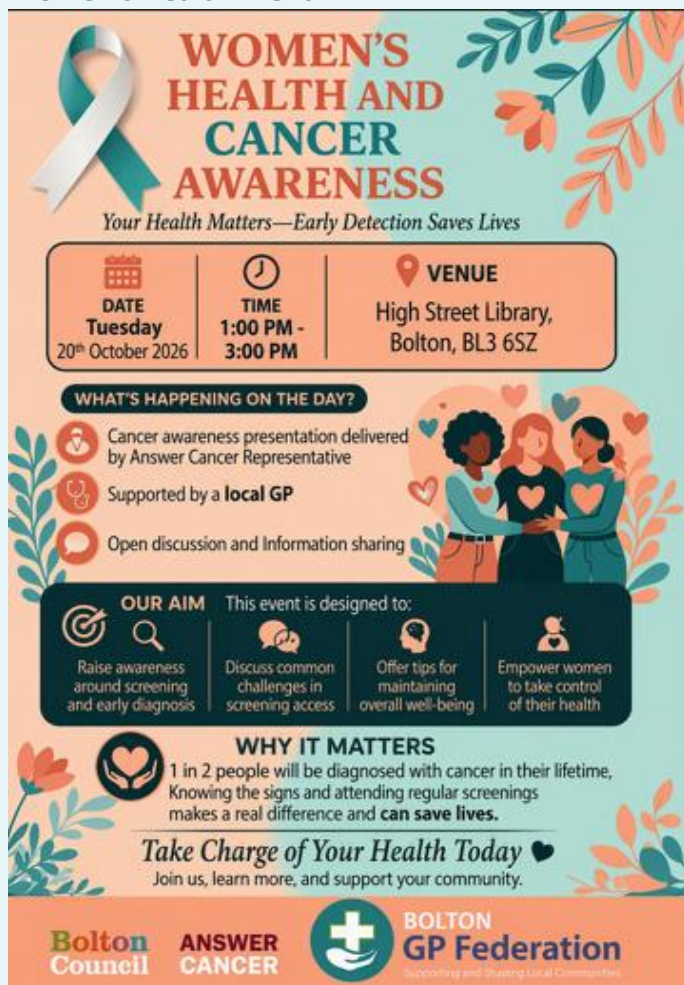
Bolton Community Voluntary Services will be there to talk about free support for community groups, including training, advice and funding opportunities.

Everyone Welcome

Whether you're already involved in local activities or just want to know what's happening in our area, we'd love to see you there.

To confirm your attendance, please contact corinna.cowley@bolton.gov.uk, tel 07584 491097

Women's Health Event



WOMEN'S HEALTH AND CANCER AWARENESS
Your Health Matters—Early Detection Saves Lives

DATE
Tuesday
20th October 2026

TIME
1:00 PM - 3:00 PM

VENUE
High Street Library,
Bolton, BL3 6SZ

WHAT'S HAPPENING ON THE DAY?

- Cancer awareness presentation delivered by Answer Cancer Representative
- Supported by a local GP
- Open discussion and Information sharing

OUR AIM This event is designed to:

- Raise awareness around screening and early diagnosis
- Discuss common challenges in screening access
- Offer tips for maintaining overall well-being
- Empower women to take control of their health

WHY IT MATTERS
1 in 2 people will be diagnosed with cancer in their lifetime. Knowing the signs and attending regular screenings makes a real difference and **can save lives.**

Take Charge of Your Health Today
Join us, learn more, and support your community.

Bolton Council **ANSWER CANCER** **BOLTON GP Federation**
Supporting and Shaping Local Communities

Employment Support and Opportunities



skills construction centre

GATEWAY TO CONSTRUCTION
YOUR ROUTE INTO EMPLOYMENT

FREE 4-WEEK PROGRAMME
A short, focused course designed to help you overcome barriers, build confidence and gain the skills and qualifications you need to start a career in construction.

- CSCS GREEN CARD**
Obtain your CSCS Green Card.
- CV BUILDING SKILLS**
Develop and create a professional CV.
- INTERVIEW TECHNIQUES**
Learn how to prepare and succeed.
- VISIT TO A LIVE CONSTRUCTION SITE**
Experience a real construction site.
- SUPPLEMENTARY CONSTRUCTION QUALIFICATIONS**
(Asbestos Awareness, Manual Handling etc.)
- INTRODUCTION TO AN EMPLOYMENT AGENCY**
Get introduced to an employment agency.

APPLY NOW VIA THE QR CODE

Connect and Create Women's Only Session



CONNECT & CREATE
A new community group for friendship, fun and belonging — for women only

Every Tuesday
11am – 2pm
The Well,
Trafford Street,
Farnworth,
Bolton, BL4 7PQ

Our activities will include:

- Carpet curling
- Arts and crafts
- Table games
- Chair exercises

Lunch will be provided!

Call or WhatsApp on
07963500069

FARNWORTH BAPTIST CHURCH
CHURCH • COMMUNITY • TOGETHER

Precious Gems
Unveiling your Potential

Precious Gems Active Sisters Group



Precious Gems
Unveiling your Potential

ACTIVE SISTERS
Connect. Support. Empower

A welcoming women-only community group where women can connect, learn, have fun and support one another.

- Sewing**
- Music & Dance**
- Yoga**
every 2nd & 4th Tuesday of the month

EVERY TUESDAY
11.30am – 2.30pm

VENUE
The Willows Centre
Back Caledonia St
Bolton BL3 5PA

CONTACT
Call, text or WhatsApp:
07963 500069

Come along and be part of our sisterhood!

Wrap Up Bolton



Rotary  **Great Britain & Ireland**

Working with **Hands On**  **LONDON**

Do you have any warm coats you no longer need?

Rotary in Bolton are collecting them to give to people in need in our community.

Collecting dates 5th – 25th October 2026

Please drop them off at any of the locations below

❤️ **WRAP UP BOLTON — WARM A HEART, GIVE A COAT** ❤️

Do you have any clean, good-condition warm coats that you no longer need? This October, Rotary in Bolton is collecting unwanted men's, ladies', and children's warm coats to help people who need them. Your unwanted coat could make a real difference in helping keep someone warm this winter. ❤️

COLLECTION DATES
Monday 5th October – Sunday 25th October 2026

Collection boxes are available at locations across Bolton, Horwich, Westhoughton, Farnworth, Harwood, Edgworth and surrounding areas.

Collection points include:

- Bolton Parish Church
- Bank Top Church
- Sharples School
- The Bridge Church
- Bolton St Catherine's Academy
- St John's Church, Wingates
- Tesco Middlebrook
- Triangle Methodist Church
- Harwood Methodist Church
- Crown Hotel, Horwich
- RMI Club, Horwich
- St William of York RC Church
- St Ethelbert's RC Church
- Our Lady of Lourdes
- St Vincent's RC Church
- The Barlow Community Hub
- The Co-Op Store, Bromley Cross
- Sacred Heart RC Church, Westhoughton
- Beaumont Hospital, Lostock

GOT A COAT TO GIVE?
Don't leave it hanging in the wardrobe — give it a new life and help keep someone warm this winter.

❤️ **WARM A HEART, GIVE A COAT** ❤️

Please share this post and help us spread the word throughout Bolton. Rotary in Bolton — working with our community to make a difference

Citizens Advice Drop In Sessions

citizens advice Bolton *Here to help with life's challenges*

Citizens Advice Drop In Session

Get free, independent and confidential advice and support.

 **Greenway Community Centre Hall**
Ith Wood

 **Tuesday 27th October 2026**

 **9am – 12pm**

Free advice
Confidential and impartial

 **Bolton Citizens Advice**
Supporting our community

citizens advice Bolton *Here to help with life's challenges*

Citizens Advice Drop In Session

Get free, independent and confidential advice and support.

 **Every Thursday**
throughout October

 **Deepdale Community Centre**
Brightmet

 **9am – 12pm**

All are welcome

Free advice
Confidential and impartial

 **Bolton Citizens Advice**
Supporting our community

THANK YOU!